

THE NO-NONSENSE E-TRAINING ACADEMY PRESENTS:

WORKING IN THE AFTERMATH: HAVING RESILIENCE & FORTITUDE IN TOUGH TIMES

With *Lisa G. Gilbert*

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WEDNESDAY, OCTOBER 16, 2024

TIME: 1:00PM - 3:00PM ET

**2-HOUR LIVE
VIRTUAL SESSION
\$99.00**

Today's work environment is tougher than ever before. In today's public safety environment, it takes a different mindset and a higher level of fortitude to be able to not only survive but thrive and be successful in today's work environments. What is it that makes the difference between those that can keep going and those that give up? Two words...**Resilience and Fortitude.**

This 2-hour virtual training will be a very real and engaging conversation where we will discuss the necessity of having the skills of resilience and fortitude to help us be effective in today's ever-changing environments.

The overall objective is to cause attendees to redirect their focus, regain their hope, and reset their resolve and strengthen their fortitude to see their way in tough times.

IN THIS FAST-MOVING 2-HOUR VIRTUAL SESSION WE WILL:

- Discuss a few no-nonsense wisdom truths for attendees to begin to reset their focus on what is important right now.
- Define resilience and how it relates to today's work environment.
- Examine the power of fortitude and discover each attendee's level of fortitude that helps them be successful and overcome challenges.

UPON COMPLETION OF THIS 2-HOUR VIRTUAL TRAINING WORKSHOP, ATTENDEES WILL:

- Have a clearer understanding of the benefits and power of resilience and fortitude on a daily basis.
- Gain greater insight of their own level of fortitudinal strength which will increase their morale.
- Be empowered with practical strategies to help them refocus their attention for better productivity and higher levels of confidence to be more effective in the workplace.

**CLICK HERE TO LEARN MORE
ABOUT THE INSTRUCTOR**

**SIGN UP TODAY FOR
OUR LIVE VIRTUAL SESSION**

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"Providing Uncommon Training Strategies That Produce Outstanding Results"

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